

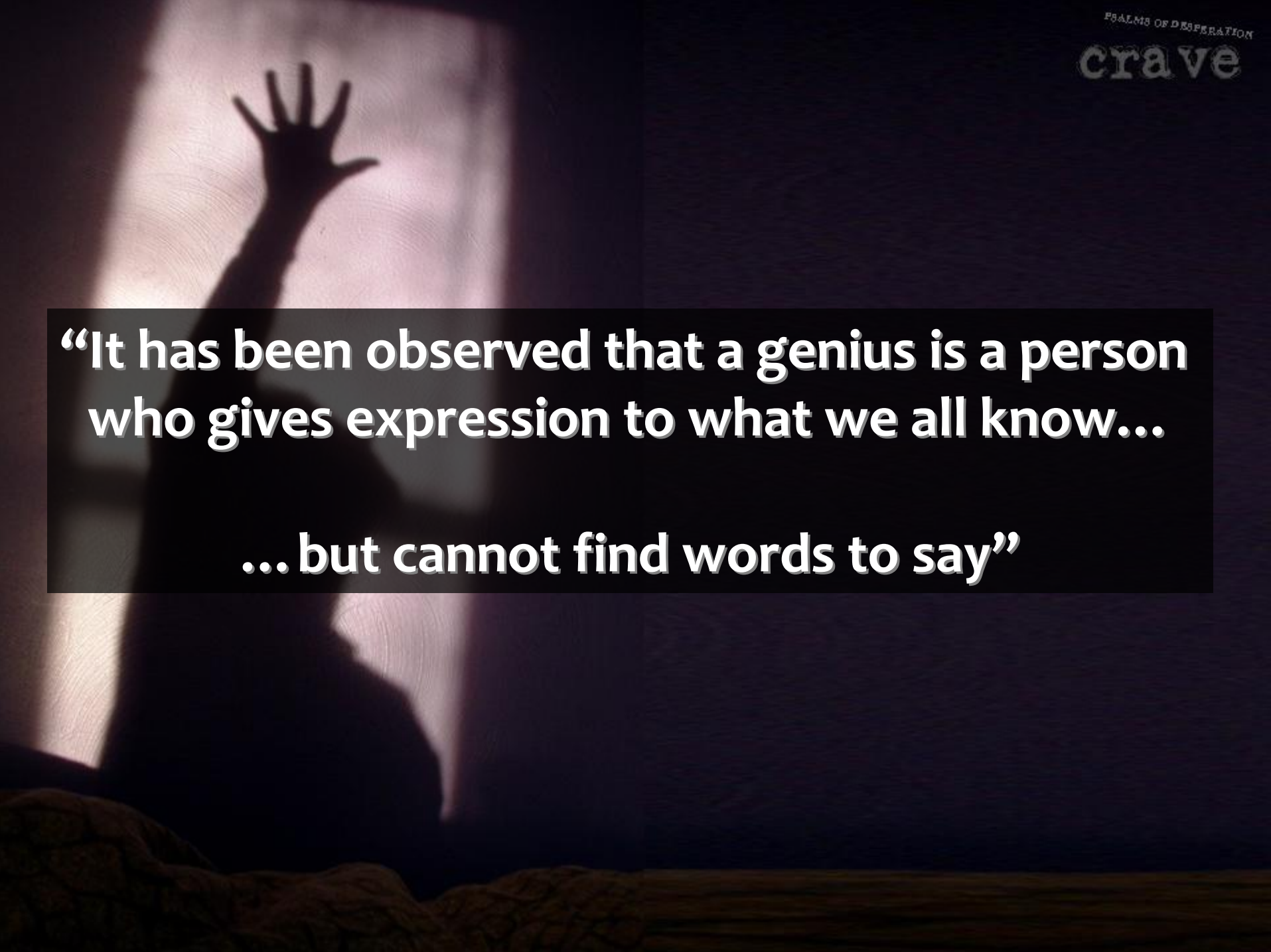


PSALMS OF DESPERATION

**Crave**

Psalm 42

**Finding God In The Dark**



**“It has been observed that a genius is a person  
who gives expression to what we all know...  
... but cannot find words to say”**

## Psalm 42 (ESV)

**As a deer pants for flowing streams,  
so pants my soul for you, O God.**

**My soul thirsts for God, for the living God.  
When shall I come and appear before God?**

**My tears have been my food day and night,  
while they say to me all the day long,  
“Where is your God?”**

**These things I remember, as I pour out my soul:  
how I would go with the throng and lead them in  
procession to the house of God with glad shouts and  
songs of praise, a multitude keeping festival.**

**Why are you cast down, O my soul,  
and why are you in turmoil within me?**

**Hope in God; for I shall again praise him,  
my salvation and my God.**

**My soul is cast down within me;  
therefore I remember you from the land of Jordan  
and of Hermon, from Mount Mizar.**

**Deep calls to deep at the roar of your waterfalls;  
all your breakers and your waves have gone over me.**

**By day the Lord commands his steadfast love,  
and at night his song is with me,  
a prayer to the God of my life.**

**I say to God, my rock:  
“Why have you forgotten me?”**

**Why do I go mourning  
because of the oppression of the enemy?”**

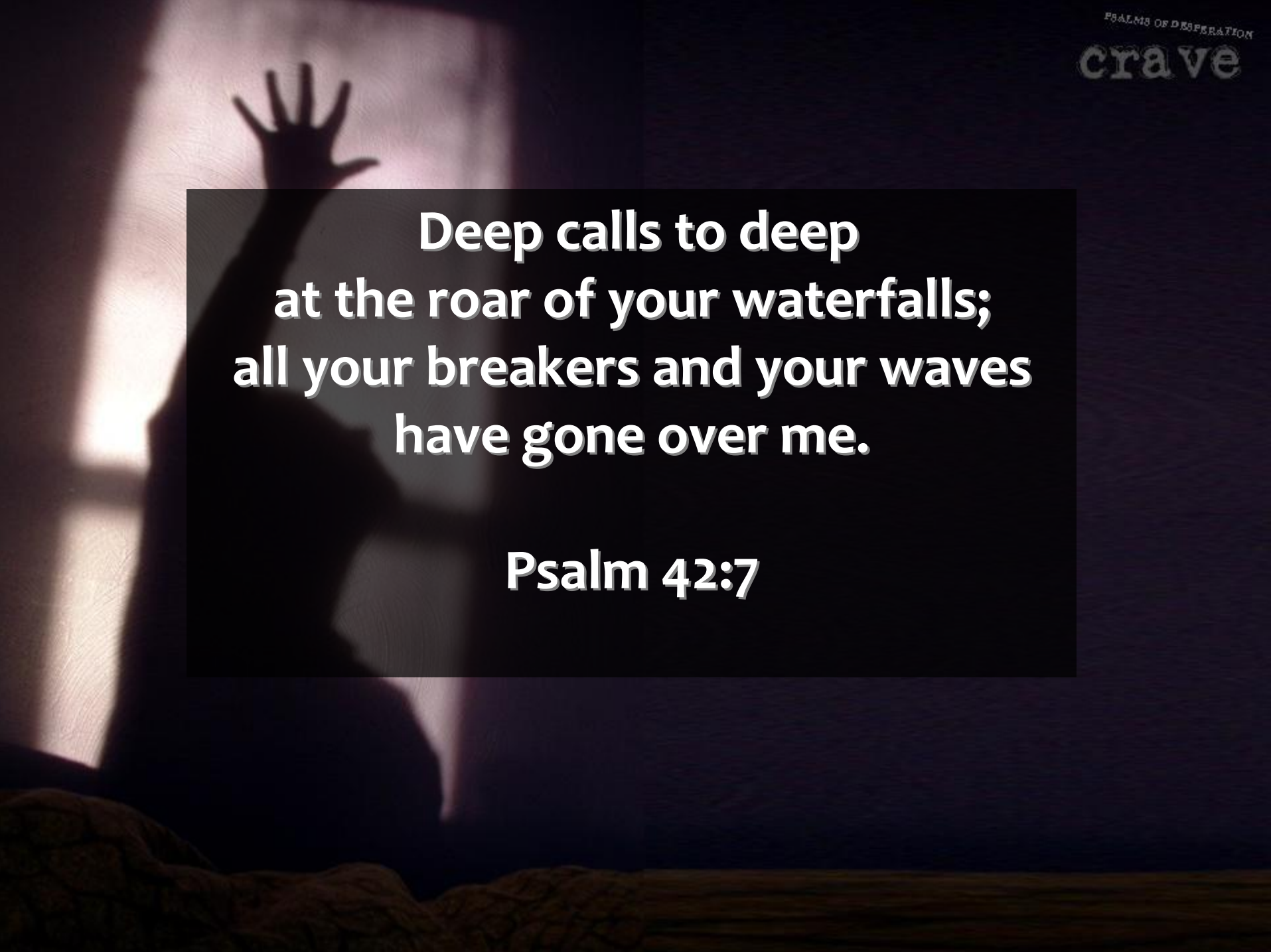
**As with a deadly wound in my bones,  
my adversaries taunt me,  
while they say to me all the day long,  
“Where is your God?”**

**Why are you cast down, O my soul,  
and why are you in turmoil within me?**

**Hope in God; for I shall again praise him,  
my salvation and my God.**

**This son couldn't worship as he was in exile. He:**

- Had to “remember the Holy Land” Ps 42:6
- Prayed to God to “plead his case against an ungodly nation” Ps 43:1
  - Prayed for “rescue from deceitful and wicked men” Ps 43:1
- Asked God to “bring him to the Holy Mountain – to the place He dwells” Ps 43:4
  - He longed to “go back to the alter of God” Ps 43:4
  - Sang “from the land of the Jordan and of Hermon” Ps 42:6



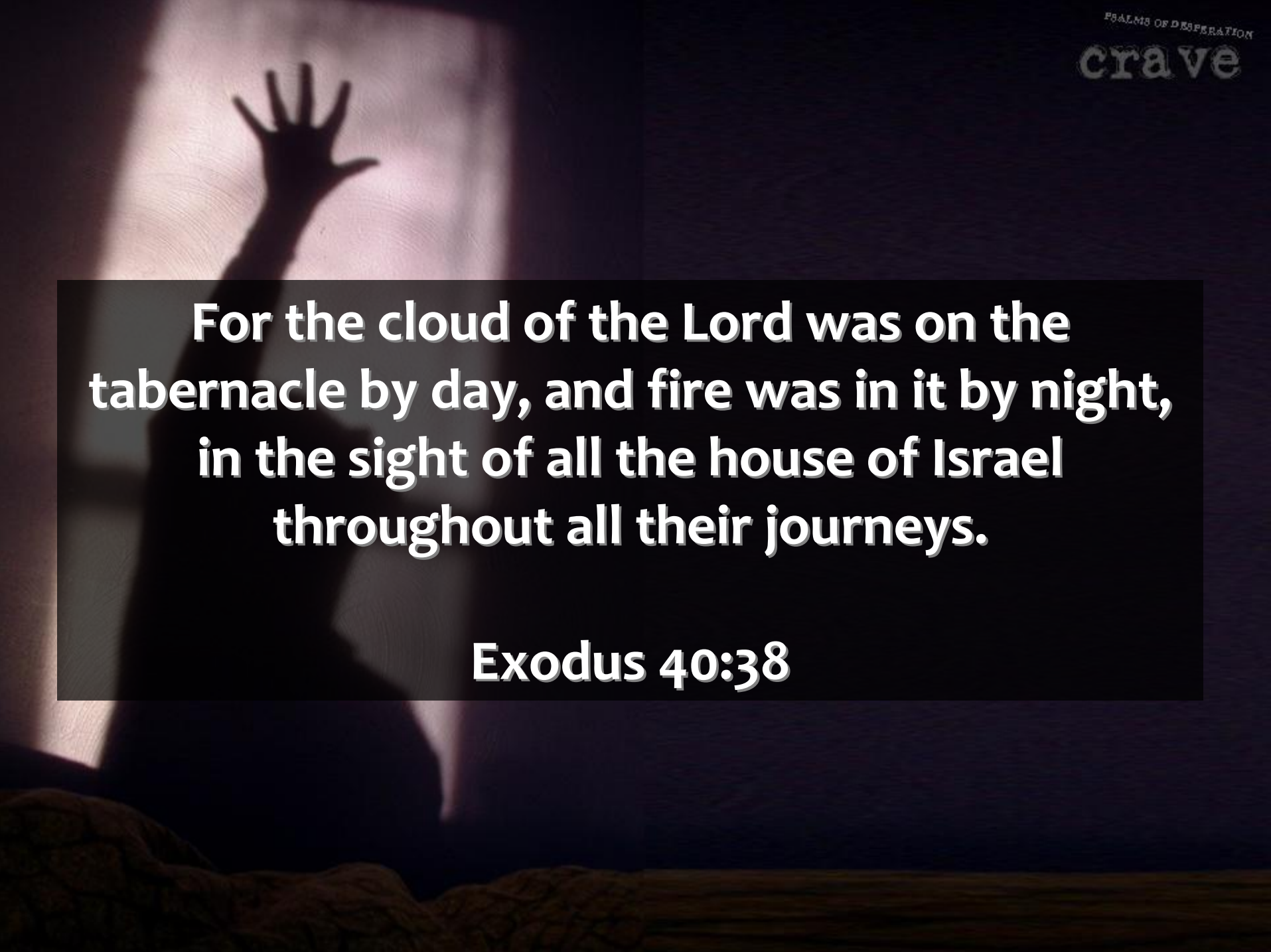
**Deep calls to deep  
at the roar of your waterfalls;  
all your breakers and your waves  
have gone over me.**

**Psalm 42:7**

**As a deer pants for flowing streams,  
so pants my soul for you, O God.**

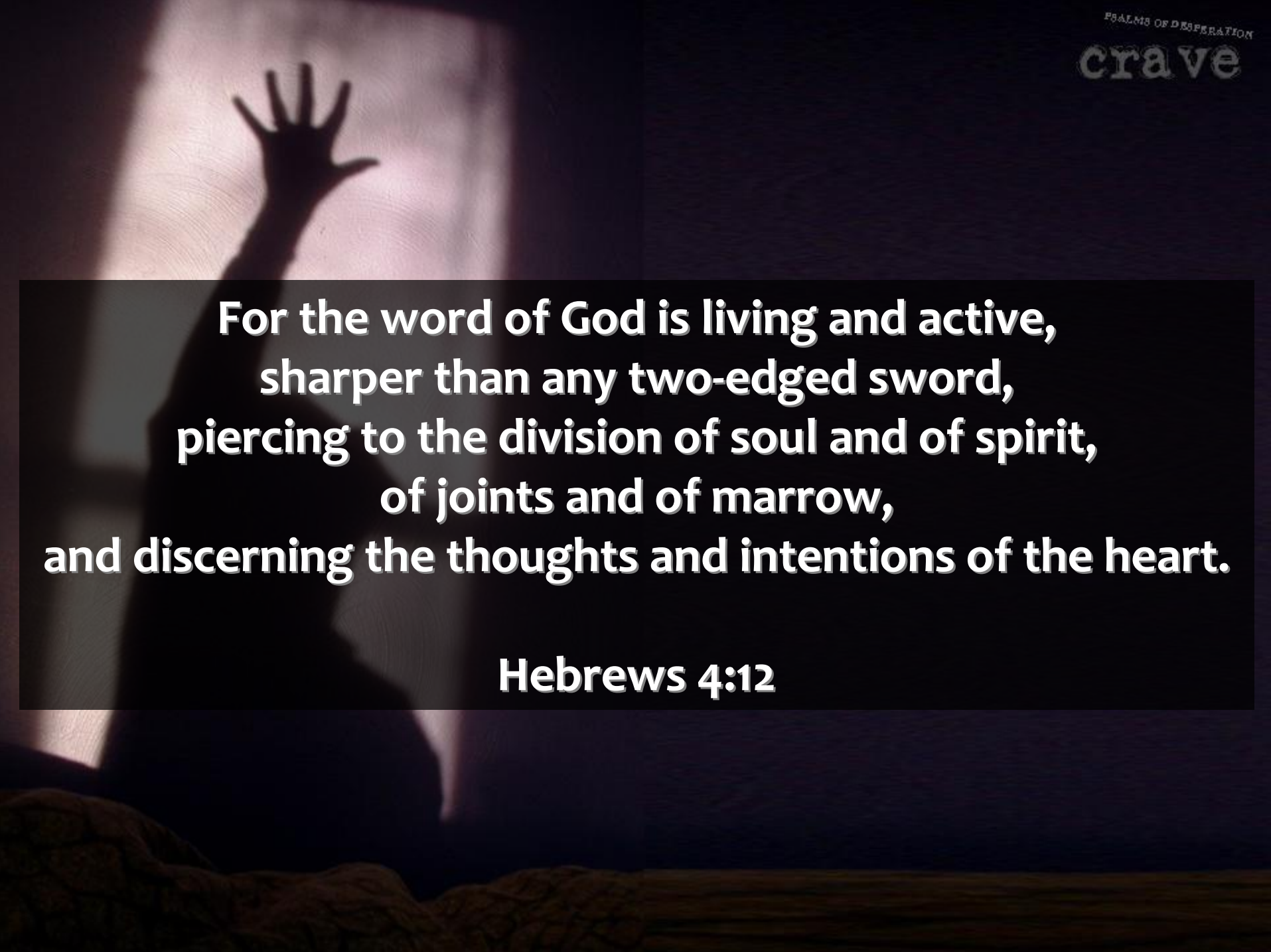
**My soul thirsts for God, for the living God.  
When shall I come and appear before God?**

**Psalm 42:1-2**



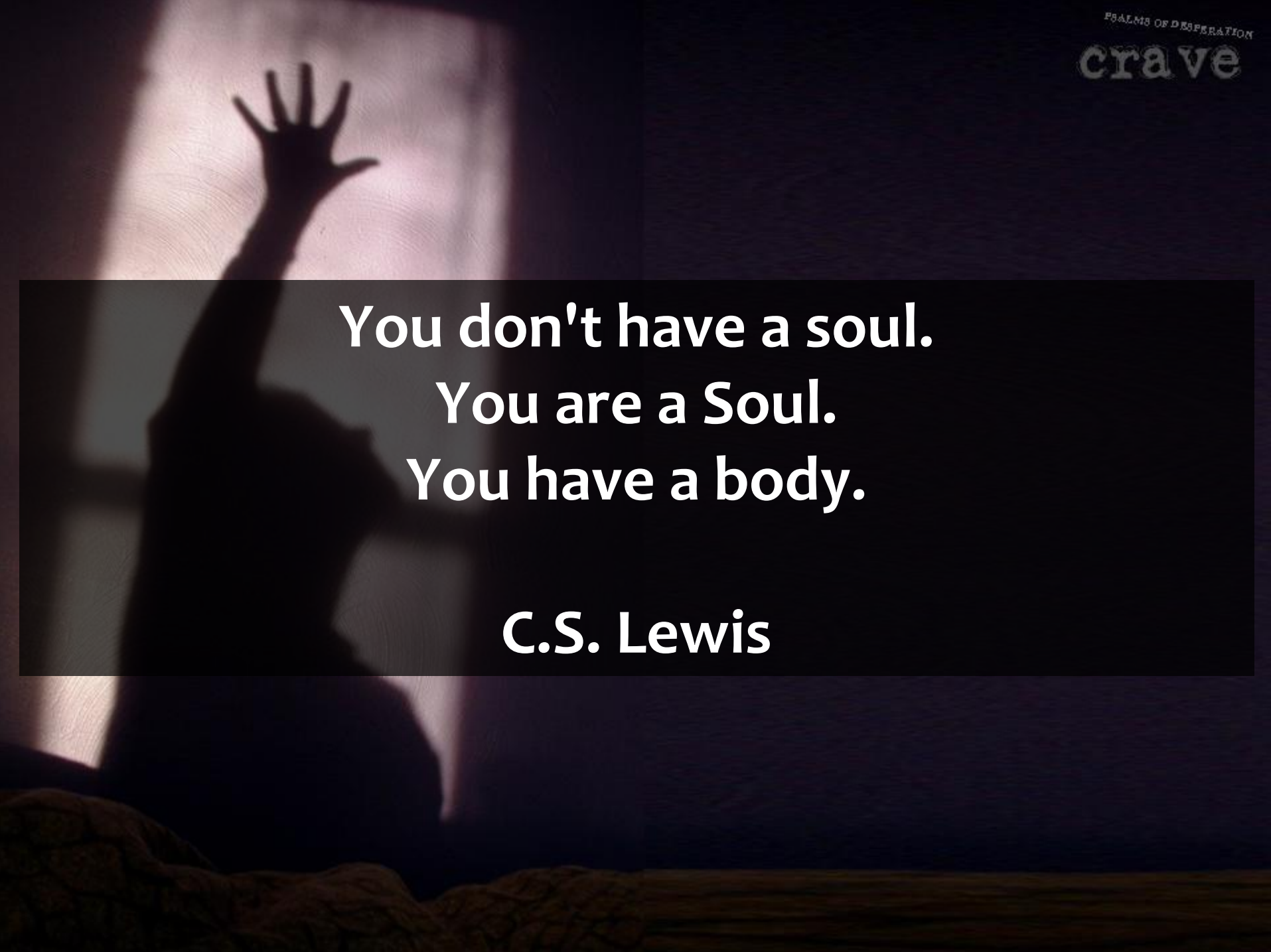
**For the cloud of the Lord was on the  
tabernacle by day, and fire was in it by night,  
in the sight of all the house of Israel  
throughout all their journeys.**

**Exodus 40:38**



**For the word of God is living and active,  
sharper than any two-edged sword,  
piercing to the division of soul and of spirit,  
of joints and of marrow,  
and discerning the thoughts and intentions of the heart.**

**Hebrews 4:12**



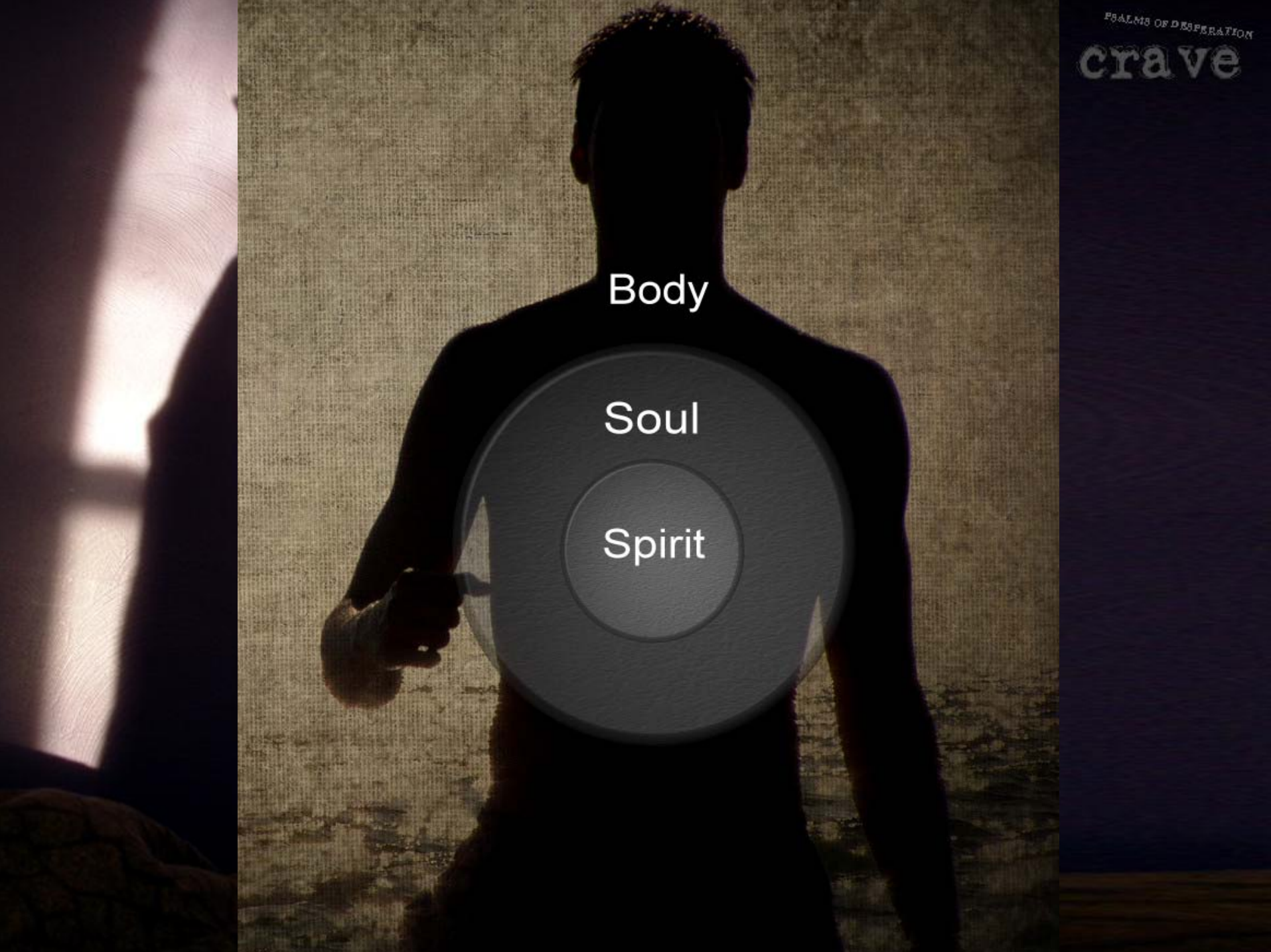
**You don't have a soul.  
You are a Soul.  
You have a body.**

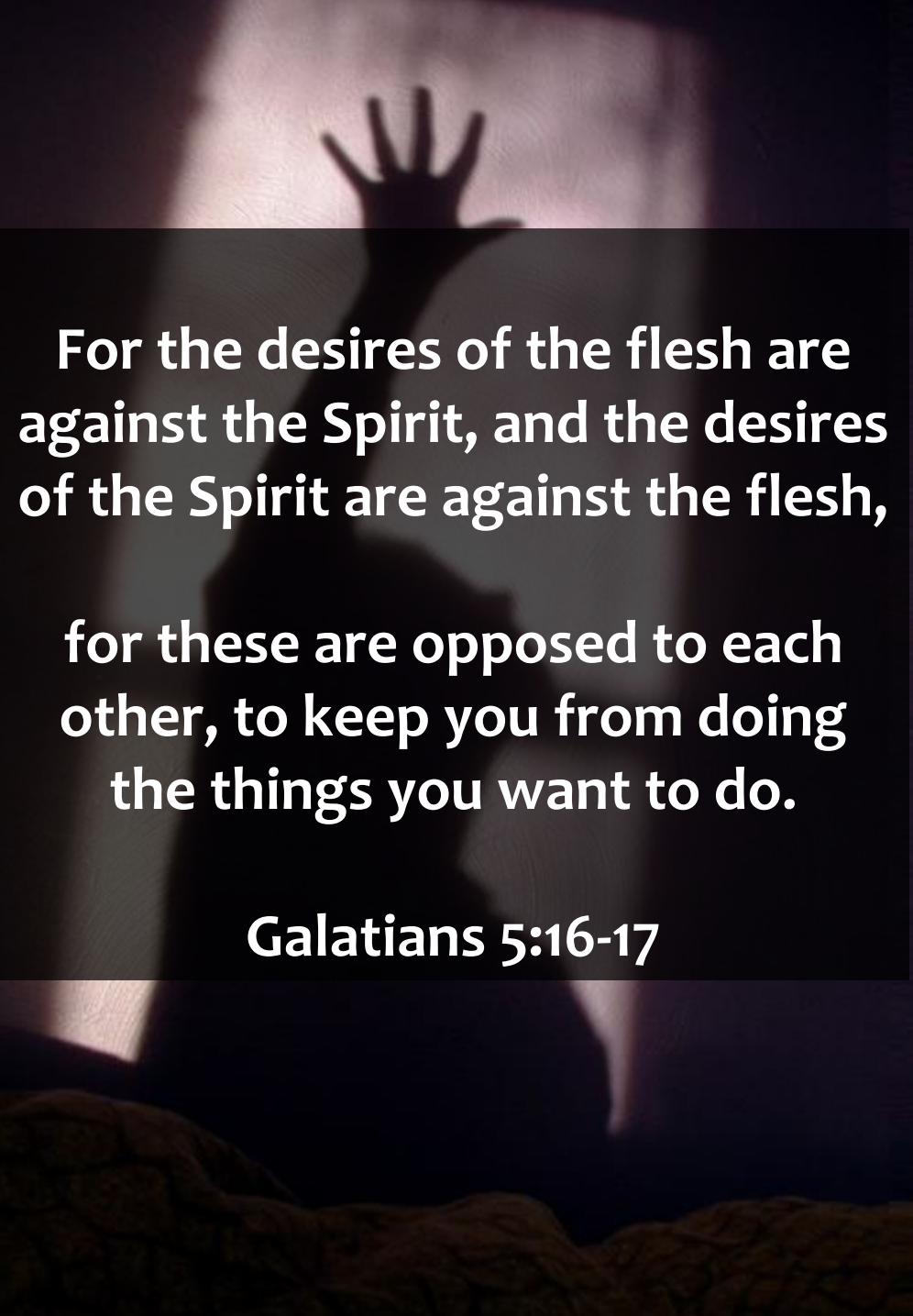
**C.S. Lewis**

Body

Soul

Spirit





**For the desires of the flesh are against the Spirit, and the desires of the Spirit are against the flesh, for these are opposed to each other, to keep you from doing the things you want to do.**

**Galatians 5:16-17**

**SPIRIT**



**SOUL**



**BODY**

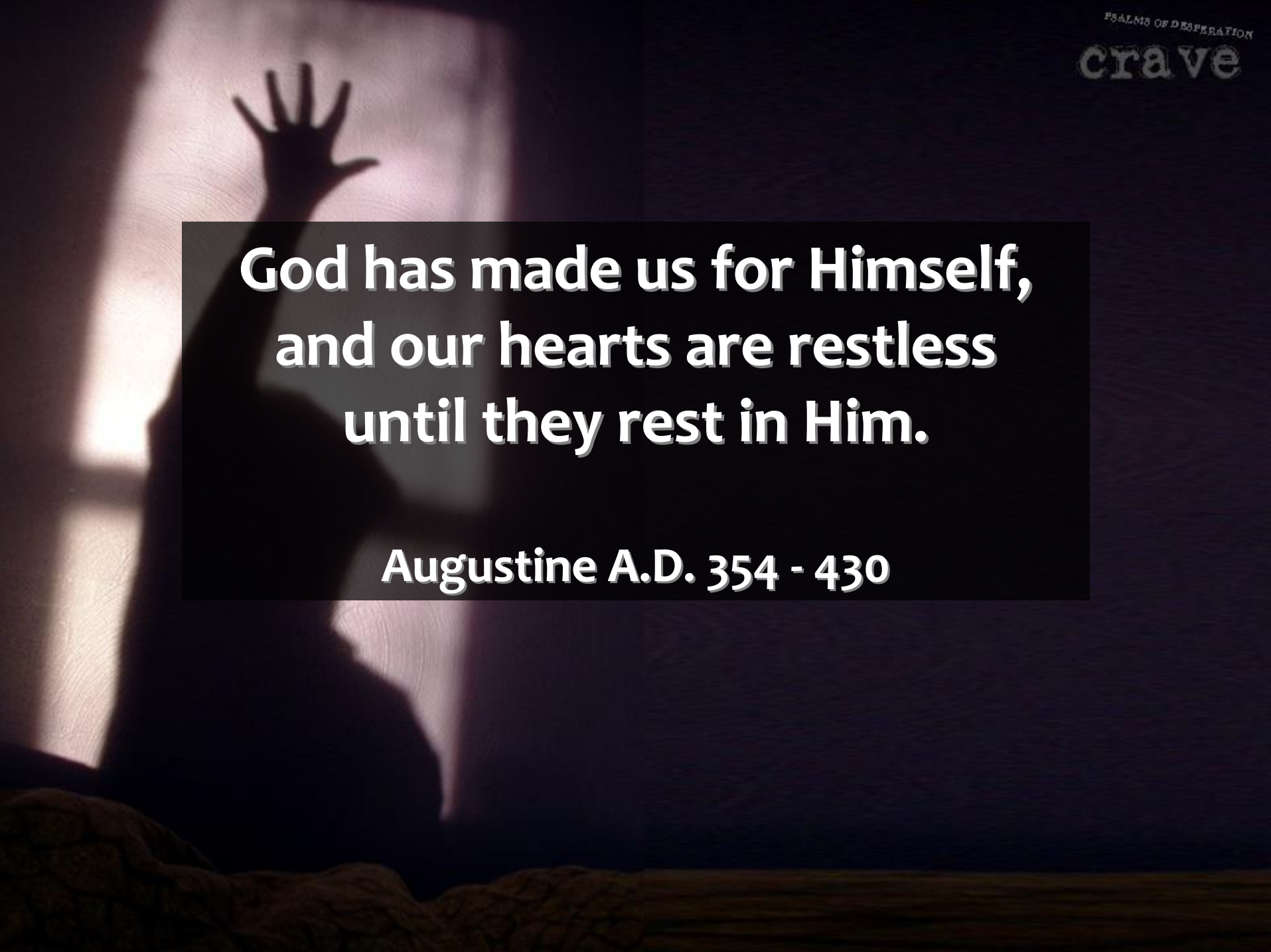
**Be appalled, O heavens, at this;  
be shocked, be utterly desolate,  
declares the Lord,**

**for my people have committed two evils:**

**they have forsaken me,  
the fountain of living waters,**

**and hewed out cisterns for themselves,  
broken cisterns that can hold no water.**

**Jer 2:12-13**



**God has made us for Himself,  
and our hearts are restless  
until they rest in Him.**

**Augustine A.D. 354 - 430**

**My tears have been my food day and night,  
while they say to me all the day long,  
“Where is your God?”**

**Deep calls to deep at the roar of your waterfalls;  
all your breakers and your waves have gone over me.**

**I say to God, my rock:  
“Why have you forgotten me?  
Why do I go mourning because of the oppression of the enemy?”**

**As with a deadly wound in my bones, my adversaries taunt me,  
while they say to me all the day long,  
“Where is your God?”**

**Psalm 42:3, 7, 9-10**

**These things I remember, as I pour out my soul:  
how I would go with the throng and lead them in  
procession to the house of God with glad shouts  
and songs of praise, a multitude keeping festival**

**My soul is cast down within me;  
therefore I remember you from the land of  
Jordan and of Hermon, from Mount Mizar.**

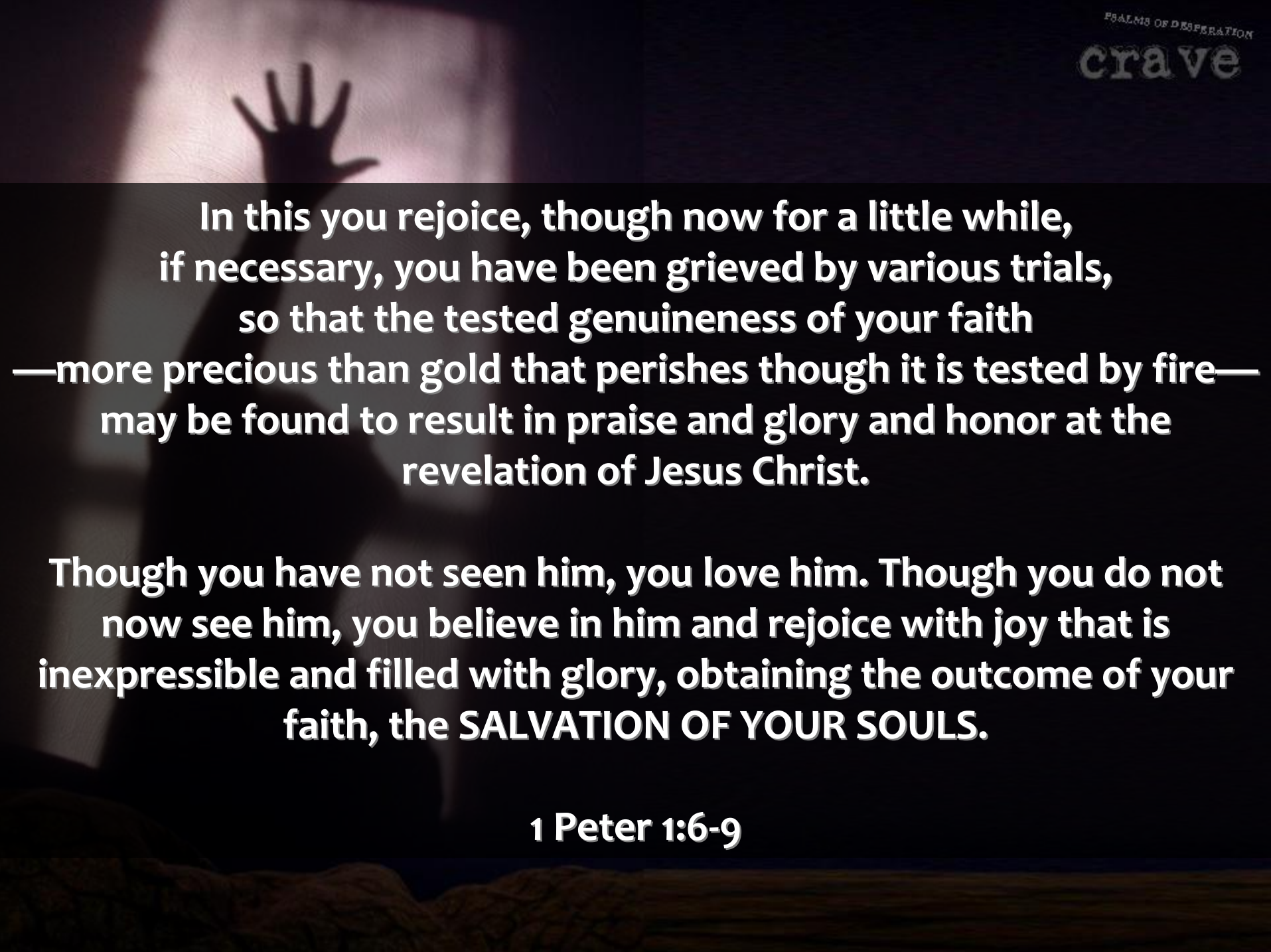
**By day the Lord commands his steadfast love,  
and at night his song is with me, a prayer to the God of my life.**

**Psalm 42:4, 6, 8**

**Why are you cast down, O my soul,  
and why are you in turmoil within me?**

**Hope in God; for I shall again praise him,  
my salvation and my God.**

**Psalm 42:5 & 11**



**In this you rejoice, though now for a little while, if necessary, you have been grieved by various trials, so that the tested genuineness of your faith—more precious than gold that perishes though it is tested by fire—may be found to result in praise and glory and honor at the revelation of Jesus Christ.**

**Though you have not seen him, you love him. Though you do not now see him, you believe in him and rejoice with joy that is inexpressible and filled with glory, obtaining the outcome of your faith, the SALVATION OF YOUR SOULS.**

**1 Peter 1:6-9**